For centuries, the harbor city of Nanao has served as a hub for the Noto peninsula. With its gentle waves, Nanao Bay is a perfect fishing spot, and the area's many sushi shops offer seafood caught nearby. Nanao also still enjoys the old-fashioned atmosphere of the castle town established by Maeda Toshiie, the founder of the Kaga Domain, giving it a beautifully nostalgic atmosphere great for walking around.

Toha-kun

Delicious

# Nanao's Incredible Sushi



Nanao Bay is known by some as a natural fish preserve for the incredible diversity of seafood caught here. As a result. Nanao is home to many sushi shops that draw not just locals but visitors from Kanazawa and even other prefectures for their high quality at low prices. These sushi shops love to show their hospitality by explaining their seafood in the local dialect and looking at things from the customers'

Noto-mae Sushi"

Premium sushi made with seasonal local toppings on top of rice grown in Noto's Satoyama, a Globally Important Agricultural Heritage Systems site. A meal for one, including soup, costs ¥2,700 (incl. tax), and six restaurants near Nanao Station offer Noto-mae Sushi.





### Nanao Fisherman's Wharf Noto Shokusai Market Market Market Market Market Market Market

This Michi no Eki roadside station located on the Nanao Bay coast offers fresh seafood and products made with seafood, as well as a great variety of local Noto goods, including sweets, sake, and more. At the Hamayaki Corner, you can grill your fresh seafood to eat here, or you can visit the second floor for restaurant options that include fresh seafood, Noto beef, local vegetables, and other delicious local ingredients.







Nanao offers plenty to do, with lots of great hands-on experiences available. In the jonamagashi Japanese sweets hands-on experience, you can make your own sweets, then enjoy them with a bowl of matcha green tea. On the other hand, the chinkin gold inlay hands-on experience offers a way to decorate lacquered chopsticks or plates with the design of your choice, using this traditional craft. Nanao offers plenty of other hands-on experience options

as well — what you do is up to you!

Hands-on Experiences Available (Reservations required. Prices and times may vary.)

Casual Options Each takes 15–30 minutes.

09 Try Foil Stamping Nunoya Buddhist Altars — (0767) 52-0756

10 Press Soy Sauce Torii Soy Sauce — (0767) 52-0368

11 Make a Scented Sachet Takazawa Candles — (0767) 53-0406

12 Grind Matcha Green Tea Kitajimaya Tea — (0767) 53-0003

14 Press Colorful Sea Plants

15 Try Chinkin Gold Inlaying





13 Make Seasonal Jonamagashi Japanese Sweets Kagetsu — (0767) 52-6431

Shirai — (0767) 53-0589

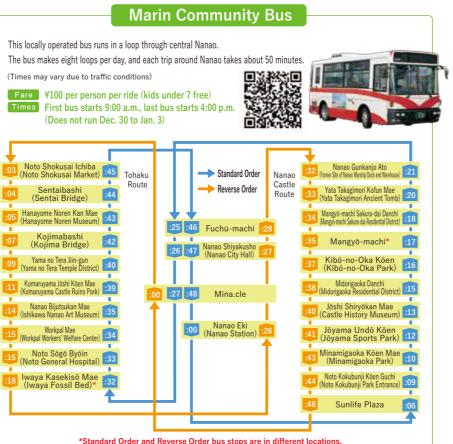
Araki Lacquerware & Pottery — (0767) 52-4141



Osaka Sta. Thunderbird Limited Express Kanazawa Sta. Noto Kagaribi Limited Express Nanao Sta (Times may vary due to traffic conditions) oto Shokusai Ichiba oto Shokusai Market) :45 Tohaku lanayome Noren Kan Mae



## Get Around Nanao More Easily ~~~



### **Nanarin Bicycle Rentals**

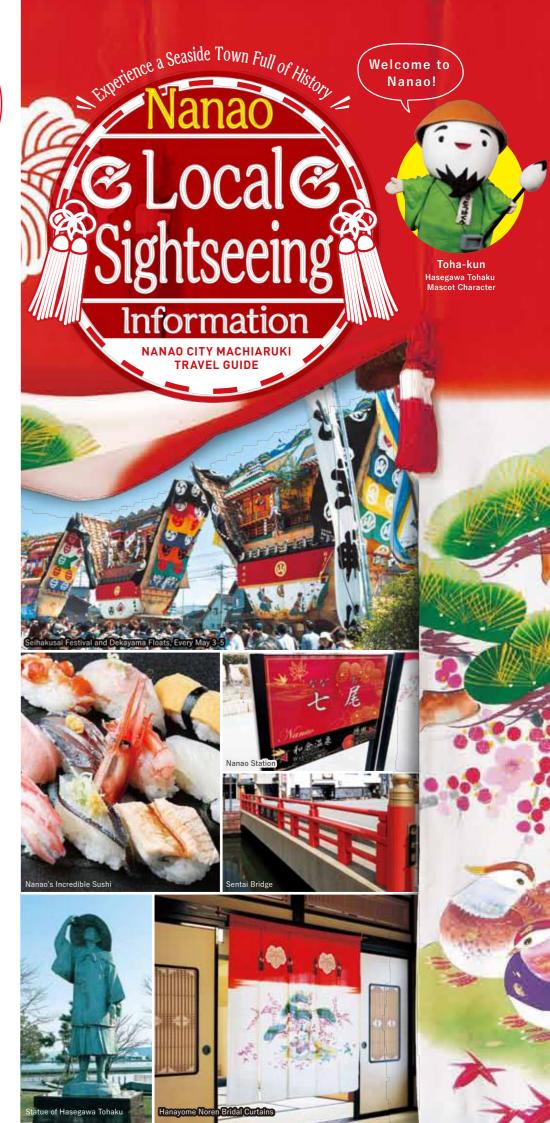
Enjoy the sea breeze with a bicycle ride along the coastline! The perfect way to get to destinations like Ipponsugi Dori Street, the Hanayome Noren Museum, and the Yama no Tera temple district.



**Nanao Station Tourist Information Office** I-28-2 Misogi-cho, Nanao City, Ishikawa Prefecture Tel: (0767)57-5714

Nanao City Tourist Association Tel: (0767)53-8424

I-25 Sodegae-cho, Nanao City, Ishikawa Prefecture 926-8611



## Great Destinations to Visit on Foot



and a half. On the wedding day, one is hung at the entrance to the Buddhist altar room in the husband's family's home, and then the bride makes her entrance through the curtain. This museum features a collection of Hanayome Noren curtains from the past century and a half, and visitors can dress up in a bridal kimono to try passing through one of these curtains for themselves.

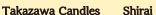




Nanao once flourished as a port of call for the Kitamae trading ships, and on Ipponsugi Dori visitors can get a feel for the area's history — the street is lined with townhouses and shops built between the late 19th century and the mid 20th century, including five buildings nationally registered as tangible cultural properties.







This candle shop was established in 1892, and their flower-design candles are particularly popular.



Established in 1931. A purveyor of Hokkaido and other seafood.



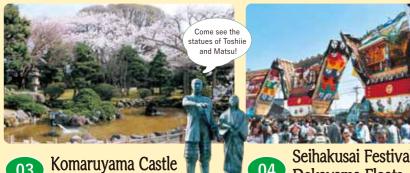
Torii Soy Sauce

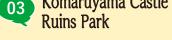
Established in 1925, and still processed wild kombu kelp from offering sov sauce and miso made the old-fashioned way.



Kitajimaya Tea

Established in 1933. Visitors can enjoy freshly ground matcha green tea.





Komaruyama Castle was built by Maeda Toshiie, the first 10 min. lord of the Kaga Domain. Today, the grounds are used as a park, with beautiful cherry blossoms in spring.



Seihakusai Festival & **Dekayama Floats** (UNESCO Intangible Cultural Heritage)

The biggest festival in the Noto region, with giant floats to match — twelve meters tall, weighing twenty tons, and with two-meter wheels!

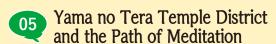


#### Yama no Tera Temple District

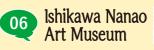
walk from

the station





Maeda Toshiie arranged the temples in this area in 15 to 20 min. order to protect the castle. These sixteen temples are connected by the two-kilometer Path of Meditation.



Featuring a focus on works with connections 15 min. to the Noto area, such as those by the walk from painter Hasegawa Tohaku (1539-1610).

